

BREATHING TOGETHER – ALL ABOUT YOU

THANK YOU! You have had direct impact on those suffering from lung disease, we know all too well the challenges folks have experienced in the last two years. While many health restrictions have eased, there are ongoing challenges and risks both emotionally and financially. At Alberta Lung, we support everyone in their pursuit of personal wellness like proactive steps to look after your own health and wellbeing. Restrictions have been difficult for all of us, with many people choosing to stay home rather than risk a visit to their health care provider. However, we need a greater return to normal and ask everyone, please visit your physician when you're not feeling well and get any medical concerns taken care of.

Familiar with public health emergencies since tuberculosis in 1939, we continue our mission of saving lungs to save lives. We lead in respiratory health, connecting, advocating, and engaging community members to support better lung health for all. Without YOU the work cannot continue, your donations are at work. You are part of the Community of support to reduce isolation and help those living in Alberta stay informed and connected. Your impact on Canadians who are struggling to breathe is extraordinary and is changing lives each and every day.



PATIENT SUPPORTS

Your support has helped us directly impact the quality of life for those who have lung disease. **The ways YOU have helped:**

- Providing infants with specialized equipment to leave hospital sooner.
- Education sessions in schools to promote better lung health and avoid tobacco and e-cigarettes.
- Provided over 5,000 PPE kits to people who lacked financial means.
- Financial and medication support for those who do not have health benefits.
- Library programs providing Radon test kits to reduce lung cancer from Radon exposure.
- Valuable funding for lung disease research, with a focus on areas of greatest need.
- Expert information, education and support for those with lung disease and their families.

“Alberta Lung helped our baby son return home much quicker after his premature birth.”

Over 200 families have been helped through the pediatric CPAP program! You have helped us increase the amount of support available and have helped more children leave hospital and return to their families sooner by providing the necessary breathing equipment. Recall of specialized breathing equipment and increased costs due to limited supply has made this program more important to families than ever!



DONATE thank you
ablung.ca/give-back/donate

OUR HISTORY

Alberta Lung, founded in 1939, and one of the oldest health charities has been at the forefront of improving lung health. In 1942, you, our donors helped raise enough funds through the Christmas Campaign to purchase Alberta's first mobile chest x-ray unit. Your first major contribution to Albertans was helping us manage the Tuberculosis epidemic and offering free chest x-rays.

Today, we are strong advocates for protecting our children from the harmful effects of tobacco and vaping. We promote immunization, support families, and fund critical research. With your help we continue to promote lung health and prevent lung disease addressing new and emerging threats, including COVID-19.

With the **support of donors like you**, we are advancing our work to serve you better through our commitment to continuous improvement.



“Words are not enough to express our humble gratitude to Alberta Lung for your generosity and support.” – SS *(Medication Support Recipient)*

PROGRAMS

Alberta Lung has always believed in Healthy Lungs for everyone and raises funds to provide programs that will achieve this vision. Many lung disease patients do not have health benefits or paid sick leave, this has caused the request for patient support to triple.

Your donations have been essential to Albertans who rely on our programs, and in 2022, your support has helped us provide the following:

- **Medication and Grocery** support to lung patients who would otherwise be unable to afford these expenses.
- **Pediatric CPAP equipment** has sent infants home from the hospital to join their families sooner.
- **Breathe Smart! Education Program** sessions educating students and the greater public about lung health.
- **Lung Disease Research** funds are critical to finding treatments and, ultimately, a cure for diseases.
- **Patient Support Groups** provide weekly virtual sessions discussing various lung health topics like nutrition and mental health supports.
- **Radon Awareness.** The Tackle Radon program educates Albertans on the risks of Radon Gas. Home test kits are available at some local Libraries, or buy a home test kit on our website at <https://www.homeradontest.ca/order/create>.

BREATHING SPACE

Alberta Lung’s boldest initiative is Breathing Space, a home-away-from-home lung transplant recovery facility. Edmonton’s lung transplant program covers Northern BC, Alberta, Saskatchewan, Manitoba, and the Territories, which serves over 7,000,000 Canadians and covers over 6,000,000 square km.

The cost for patients and caregivers to relocate to Edmonton for the 4 to 10 months required for recovery can cost an estimated \$77,000. That’s an out-of-pocket expense, as in not covered by healthcare. This amount does not include fixed financial obligations “back home” like mortgages and etc. It is very often a significant hardship for patients, so some choose death over bankrupting their families. Only with **your support** can we build this critically needed facility!




A dedicated caregiver is required for lung transplant patients, therefore requiring 2 people to leave their jobs and community.




Transplant is the only life saving treatment



Edmonton’s transplant program is ranked 2nd in the Canada and 6th in the world.



Patients must be prepared to live near the hospital for a minimum of 4 months to a year.



Transplant patients face **Tens of Thousands** of dollars in out of pocket expenses to **stay alive**.
*This doesn't include bills & other expenses at home



Financial stress on families is tremendous and some **choose death** over financial ruin.

EVENTS

Our fundraising events were a huge success, not just by raising much needed funds but increasing awareness of Alberta Lung, Breathing Space, and lung disease all in one. Thank you again to all the amazing Albertans volunteering their time to raise funds to improve the lives of Albertans with Lung disease. Amazing thanks goes to, Legends 4 Lungs Hockey Game, Sorrentino’s Garlic Fest, The Dunne Golf Classic, and the 2022 Walk to Breathe. We are grateful to be your charity of choice!



PATIENT STORIES

Colin's Story

Four year old Colin Reid spent 6 months in the hospital when his lung collapsed due to complications from asthma. He remembers needing an oxygen tent and how much his family leaned on the support of Alberta Lung to help with information, guidance and supplies- including a nebulizer that he could use at home.

"My parents were going through a hard time at this point and, even at my young age, I remember how much that assistance helped. When my parents started doing better financially, they always donated to the ALA every year. My whole family is grateful, especially to your donors without whom I would not be here."

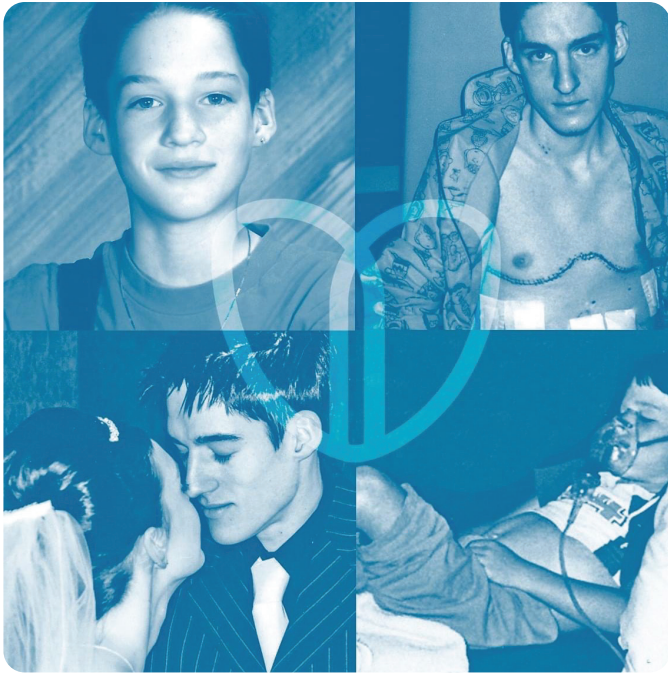


Vincent's Story

Vincent, needed a life-saving lung transplant. Vincent and his family had to move to Edmonton for the surgery and months of recovery, an unexpected and significant additional expense to his family.

This situation is common – on average, lung transplant patient families spend \$75,000 on out-of-pocket expenses like accommodation and meals.

This further highlights the need for Alberta Lung to build Breathing Space, a lung health and transplant recovery house. Finances should never be a consideration when life giving surgeries are necessary.



 **YOU can help change the future today!**
Thank you for your support!

Questions about breathing and lung health? Lung Health
Information Line: 1-888-774-5864 | info@ablung.ca | ablung.ca

Message from Kerrie Johnston, Volunteer Chair of the Board of Directors

This was my first year as Chair, and I have to say, it has been a whirlwind of exciting changes. All positive movements forward for Alberta Lung, we updated our brand, left the federation, created a new website, moved our offices and moved back to our roots with a revised mission and vision.

Vision

Healthy Lungs for Everyone

Mission

Saving Lungs to Save Lives. We lead in respiratory health, connecting, advocating, and engaging community members to support better lung health for all.

Leaving the Federation has provided us with challenges to be sure, but also many advantages, the ability to leave ALL funds raised in Alberta for Alberta is one of the most significant. This did not mean we left behind our partners as we continue to work with BC Lung Foundation, funding research priorities and Lung Saskatchewan raising radon awareness and support. We continue to make Albertans' lung health a priority and have increased investment in patient programs and support across the board year over year. Our renewed mission and vision speak to our commitment, while we continue to provide funding for patient support, world class education and information and support services to patients and their families.

The addition of a new communications team has allowed us to focus on brand and communications, we have increased awareness and community participation across all of our platforms, our reach in some areas has increased over 150% and our support group participation has doubled in size. Our community is growing in leaps and bounds!

Our Association was built upon public health challenges. Our many challenges this year have made us stronger and more resilient than ever, we are a leader within our community and remain focused on the health of Albertans with lung disease and their families. We are closer than ever to building Breathing Space, a "home away from home" for lung transplant patients & their families, with many events in our plan for 2023.

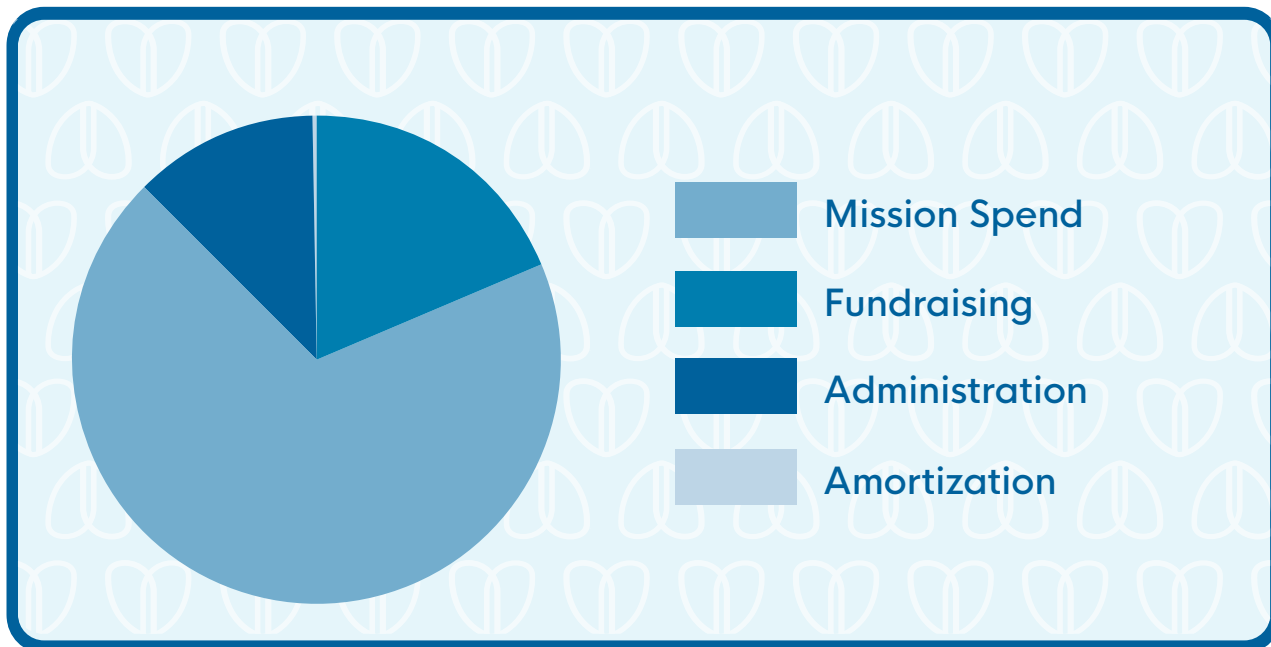
We hope you continue to watch us grow as we embark on our journey forward post pandemic and into our future!

Kerrie Johnston, **Volunteer Board Chair**

Statement of Operations
ALBERTA LUNG ASSOCIATION O/A ALBERTA LUNG
For the Year Ended September 30, 2022

	2022
Revenues	
Other campaigns	\$ 533,840
Direct mail campaigns	812,785
Grant revenue	66,000
Gaming revenue	-
Other income	248,090
	<u>1,660,715</u>
Expenses	
Fundraising	\$ 373,727
Mission spend	1,365,639
Administration	239,741
National initiatives	-
Amortization	4,803
	<u>1,983,910</u>
Excess of revenues over expenses	<u>-\$ 323,195</u>

WHERE YOUR DONATIONS GO



REVENUES

