

## BREATHING TOGETHER – ALL ABOUT YOU

**Thank You!** With your support, Alberta Lung has been focused on our pillars to collaborate, innovate, and inform. This has been the compass guiding our actions in 2025.

### Your donations have allowed us to:

**Collaborate:** Initiating collaboration with our community, family, and friends has been foundational. Our presence in Ottawa attending federal government meetings, and collaborative partnership with the national lung community plus many other partners in different sectors underscore our commitment. **Innovate:** With plans to expand in 2026, partnerships exemplify our commitment to innovation. A great example of this is our recent collaboration for art contributions etc. with non-profits, such as Chrysalis Society.

We continue to be stewards of the donations received and are dedicated to continuous learning, modification, and advancement in the pursuit of effectiveness and efficiency. **Inform:** We expanded our health education program Breathe Smart into Calgary, Edmonton, indigenous communities, and rural area schools. We also presented at prominent Alberta science fairs and increased community outreach for awareness and information. We continue to expand our social media presence, increasing our reach and awareness and doubling our support groups in various areas. Your support helped us to increase financial support and services to Albertans with lung disease.



**Focused Areas and Inclusion:** Our focus on research, education, health, and government is complemented by an ongoing commitment to integrate diversity, equity, and inclusion into our daily practices.

**Mission and Vision:** At the core of everything we do is our mission to "Saving Lungs to Save Lives." We continue to embody this mission daily, striving to be a leader in respiratory health, connecting, advocating and engaging community members to support better lung health for all.

## Patient Supports

Your support has helped us directly impact the quality of life for those who have lung disease.

In 2025 YOU helped:

- Fund lifesaving research.
- Provided **21 families** with the pediatric CPAP equipment they needed to bring their babies home safely
- Loaned out **5,615** of our radon test kits
- **881** people through support groups
- Reached **2,947** students at **58** school sessions through our innovative Breathe Smart education program.

**" The grocery gift card program helped us stock up on healthy food when my husband was laid off, we couldn't have paid for our daughters asthma medication without it."**

You have helped us increase the amount of support available and have helped more children leave hospital and return to their families sooner by providing the necessary breathing equipment. Recall of specialized breathing equipment and increased costs due to limited supply has made this program more important to families than ever!



# DONATE

thank you  
[ablung.ca/](http://ablung.ca/)

## Our History

Alberta Lung, founded in 1939, and one of the oldest health charities has been at the forefront of improving lung health. In 1942, you, our donors helped raise enough funds through the Christmas Campaign to purchase Alberta's first mobile chest x-ray unit. Your first major contribution to Albertans was helping us manage the Tuberculosis epidemic and offering free chest x-rays.

Today, we are strong advocates for protecting our children from the harmful effects of tobacco and vaping. We promote immunization, support families, and fund critical research. With your help we continue to promote lung health and prevent lung disease addressing new and emerging threats, including COVID-19.

With the **support of donors like you**, we are advancing our work to serve you better through our commitment to continuous improvement.



**" Your compassion saves lives. Your support helped my family get through our darkest days."**

**- SS (Medication Support Recipient)**

## Programs

Alberta Lung remains dedicated to its vision of Healthy Lungs for Everyone, raising funds to deliver programs that make this goal a reality. Many individuals living with lung disease do not have health benefits or paid sick leave, and as a result, the demand for patient support has tripled.

Your donations have been essential to Albertans who rely on our programs, and in 2025, your support has helped us provide the following:

- **Medication and Grocery** support to lung patients who would otherwise be unable to afford these expenses.
- **Pediatric CPAP equipment** has sent infants home from the hospital to join their families sooner.
- **Breathe Smart! Education Program** sessions educating students and the greater public about lung health.
- **Lung Disease Research** funds are critical to finding treatments and, ultimately, a cure for diseases.
- **Patient Support Groups** provide weekly virtual sessions discussing various lung health topics like nutrition and mental health supports.
- **Radon Awareness.** The radon program educates Albertans on the risks of Radon Gas. Home test kits are available at several local Libraries, or buy a home test kit on our website at <https://www.homeradontest.ca/>



## Breathing Space

Alberta Lung's boldest project, Breathing Space, is a home-away-from-home recovery residence for lung transplant patients and their caregivers. Edmonton's lung transplant program serves more than 7 million Canadians across 6 million square kilometres, including Northern BC, Alberta, Saskatchewan, Manitoba, and the Territories.

Relocating to Edmonton for the 4 to 10 months required for recovery can cost families up to \$77,000 out of pocket, on top of their regular obligations at home. This financial strain can be devastating, leaving some patients facing impossible choices between health and financial security.

Your support will help make Breathing Space a reality and ensure that every patient has a safe, affordable place to heal and regain their strength.



## Events

Our fundraising events were a great success, not just by raising much needed funds but increasing awareness of Alberta Lung, Breathing Space, and lung disease all in one. Thank you again to all the amazing Albertans volunteering their time to raise funds to improve the lives of Albertans with Lung disease. Amazing thanks goes to, Sorrentino's Garlic Fest, & The Dunne Golf Classic. We are grateful to be your charity of choice!



A dedicated caregiver is required for lung transplant patients, therefore requiring 2 people to leave their jobs and community.

Transplant is the only life saving treatment

Edmonton's transplant program is ranked 2<sup>nd</sup> in the Canada and 6<sup>th</sup> in the world.

Transplant patients face Tens of Thousands of dollars in out of pocket expenses to stay alive.  
\*This doesn't include bills & other expenses at home

Patients must be prepared to live near the hospital for a minimum of 4 months to a year.

Financial stress on families is tremendous and some choose death over financial ruin.

## Breathing Space

### Deanna + Dan's Story

Deanna Friesen, from High Prairie, Alberta, shared her experience as caregiver to her husband Dan, who received a life-saving lung transplant on March 26, 2024, after being diagnosed with Idiopathic Pulmonary Fibrosis for which transplant is the only cure. As Dan's health declined and he was placed on the transplant list, Deanna faced mounting emotional and financial strain, having to stop work and prepare for extended stays in Edmonton while managing fears about their future. The support they found at Casa Spinelli eased their financial burden and allowed Deanna to focus on caring for Dan during this emotionally taxing time. Grateful yet realistic about the challenges families in similar situations face, she emphasized the urgent need for expanded facilities like "Breathing Space," which provide affordable accommodations and peace of mind for transplant patients and their caregivers.



### Martyn's Story

Martyn and Wanda have been navigating life with Chronic Obstructive Pulmonary Disease (COPD) since 2018, a journey that has tested their strength, resilience, and optimism. In addition to COPD, Martyn was diagnosed with IgG4-related disease, a rare condition that affects the pancreas and liver, leading to ongoing medical procedures and complex treatment plans through 2024 and 2025. The couple has faced the emotional and financial challenges that come with chronic illness, carefully planning each step and using their savings to manage travel and care needs. Their time at Casa Spinelli provided not only a much-needed place to stay during Martyn's treatments but also a sense of community among others facing similar struggles. Sharing their story with the Casa Spinelli and Alberta Lung communities, Martyn and Wanda expressed deep gratitude for the support that allowed them to focus on healing and on each other, rather than the stress of accommodations and expenses. Their experience underscores the critical importance of accessible, affordable spaces like Casa Spinelli that give families comfort, stability, and hope during the toughest chapters of their health journeys.



**YOU can help change the future today!**  
**Thank you for your support!**

**Questions about breathing and lung health? Lung Health**  
Information Line: 1-888-774-5864 | [info@ablung.ca](mailto:info@ablung.ca) | [ablung.ca](http://ablung.ca)



## **Message from Amy Gaucher, Volunteer Chair of the Board of Directors**

As I reflect on the past year, I am proud to share the progress our organization has made in advancing our vision of Healthy Lungs for Everyone and our mission of Saving Lungs to Save Lives. This year has been marked by collaboration, innovation, and meaningful growth—growth that has strengthened our ability to support patients, families, and communities across Alberta.

### **Vision**

Healthy Lungs for Everyone

### **Mission**

**Saving Lungs to Save Lives. We lead in respiratory health, connecting, advocating, and engaging community members to support better lung health for all.**

With the dedication of our staff, volunteers, and partners, we expanded our reach significantly. Increased funding and newly established collaborations allowed us to connect with more individuals living with lung disease, offering enhanced support programs and services tailored to the needs of patients and caregivers. Our education initiatives also broadened, engaging schools, community organizations, and health-care professionals with practical, evidence-based resources that empower Albertans to protect and improve their lung health.

Our role as a trusted voice in lung health advocacy continued to deepen. Through active participation in provincial and national discussions, we worked alongside patient leaders and partner organizations to ensure lung-health priorities remained visible and urgent. We also welcomed new opportunities to share our expertise, including our involvement with the Provincial Tobacco and Vaping Council—a partnership that underscores our commitment to preventing lung disease through leadership, collaboration, and informed policy.

Across the organization, we embraced continuous learning and adaptation. Whether advancing research participation, refining our educational platforms, or building new community relationships, we focused on approaches that deliver impact efficiently and sustainably. Each step we take is guided by the needs of those we serve and by our responsibility to steward resources effectively.

As we look to the year ahead, we remain steadfast in our purpose: advocating for healthier communities, supporting those affected by lung conditions, and working toward a future where every Albertan can breathe easier. We are deeply grateful for the donors, partners, volunteers, and community members who walk this path with us. Your belief in our mission strengthens our resolve and fuels the work yet to come.

Thank you for your continued trust and support.

Warm regards,

Amy Gaucher, **Volunteer Chair of the Board of Directors**

Statement of Operations ALBERTA LUNG  
ASSOCIATION O/A ALBERTA LUNG For the Year  
Ended September 30, 2025

<b>Revenues</b>	<b>2025</b>
Other campaigns	\$1,697,563
Direct mail campaigns	\$626,157
Grant revenue	\$75,542
Gaming revenue	-
Other income	\$199,101
<b>Total</b>	<b>\$2,598,363</b>
<b>Expenses</b>	
Fundraising	\$269,990
Mission spend	\$831,510
Administration	\$431,922
Amortization	\$5,335
Grants to other charities	\$25,395
Other - write off	\$691,081
<b>Total</b>	<b>\$2,255,233</b>
<b>Excess of revenues over expenses</b>	<b>\$343,130</b>